

Robert Joseph Sheehan



Mr. Robert Joseph Sheehan, age 64, of Sebastian, Fla., died on Sunday, Dec. 23, 2012, in Leesburg, Va., while visiting family for the holidays. He was the husband of Sandra (Marano) Sheehan.

Robert was born July 6, 1948 in, Waterbury, Conn., the son of Patricia (Blum) Sheehan of Connecticut and the late Edward Sheehan. Robert was a devoted husband, father and grandfather. He attended Sacred Heart High School in Waterbury, Conn., and continued his education at the University of Portland, graduating in 1970 with a bachelor's degree in business. He also received his MBA from Suffolk

University in Boston and attended an executive program at Harvard University. For 33 years, he worked in the United States Postal Service, retiring as a senior executive in 2004, and most recently, as vice president of postal relations at Neopost Corporation. During his retirement he split his time between his homes in Sebastian, Fla., and Newport, R.I. He enjoyed golfing, home renovating and spending time with his grandchildren. He was a member of the Ancient Order of Hibernians of Newport, R.I., Newport Yacht Club in Rhode Island, and the Knights of Columbus, St. John of the Cross Catholic Church of Vero Beach, Fla., Council 13153, and Assembly 3297 where he was a 4th degree knight. He was an active member of the St. Sebastian Church where he served as a Eucharist minister.

Besides his wife, Sandra, of 42 years, Robert is survived by his daughter, Colleen O'Neill and her husband, Keith, of Virginia; two sons, Christopher Sheehan and his wife, Heather, of Massachusetts, Brian Sheehan and his wife, Erin, of New Jersey; his brothers, Richard of Rhode Island, Patrick and Martin of Connecticut, and Timothy of Massachusetts; and his six grandchildren.

Funeral services for Mr. Sheehan will be held 10:15 a.m. Friday, Jan. 4, 2013, from Eastside Memorial, "A Casey Family Funeral Home and Tribute Center," 1987 East Main St., Waterbury, to Our Lady of Lourdes Church, 309 South Main St., Waterbury, to celebrate the Liturgy of Christian Burial at 11 a.m. Burial will follow in Calvary Cemetery. A memorial gathering will be held at the funeral home on Thursday, Jan. 3, from 5 to 7 p.m. A memorial Mass will be held at St. John of the

Cross Roman Catholic Church in Vero Beach, Fla., on Saturday, Jan. 12, 2013, at 11 a.m.

In lieu of flowers, donations can be made to: The Wheelchair Fund, Knights of Columbus 13153, in care of Roger Parauka (Grand Knight), 419 Joy Haven Drive, Sebastian, Florida, 32958.